Text

Description automatically generated with low confidence **Logo, company name

Description automatically generated**

**Health Care Assistant PLT**

**Wednesday 1st March 1 – 4pm (lunch 12:30pm)**

**Conference Centre Floral Pavilion New Brighton**

***Development and Facilitation supported by One Wirral CIC***

|  |  |  |
| --- | --- | --- |
| **Time** | **Title** | **Speaker** |
| **1 – 1:10pm** | **Welcome, Introductions & housekeeping** | **Tessa Morse**  **PCN PN Lead Healthier West Wirral** |
| **1:15 – 1:45pm** | **How to help prevent burnout in today’s practice.**  **(Practical session)** | **Jackie Roycroft (RGN)**  **British Wheel of Yoga Practitioner** |
| **1:45 – 2:45pm** | **Future Practice Development – CPD**  **Developing skills for practice**  **(Action Learning Set)** | **Tessa Morse**  **PCN PN Lead Healthier West Wirral** |
| **2:45 – 3:15pm** | **Coffee Break**  **Networking** |  |
| **3:15 – 4pm** | **Managing Mental Health in Practice & Service Update**  **Personal Resilience support**  **(Title TBC)** | **Victoria Lacey**  **Clinical Lead**  **Talking Together Wirral**  **Insight IAPT** |
| **4pm** | **Close** |  |

*“****The following pharmaceutical companies have sponsored this meeting in the form of stand space only:***

***Astra Zeneca, Leo Pharma, Orion, GSK, Chiesi, Abbott, Besins, Convatec and   
Please note that the above pharmaceutical companies have not been involved in the agenda and/or content of the meeting”.***